

Friday 13 March 2026

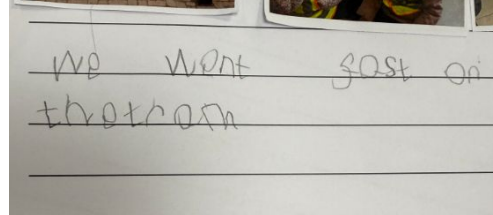
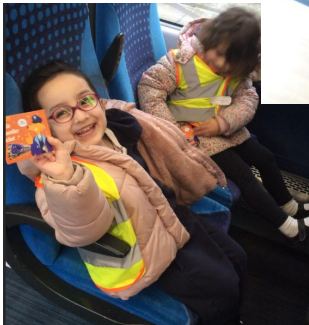
# Pudsey Primrose Hill

Wellbeing idea for the week : *Pause to watch the sky or clouds for a minute, take brief amount of time to reset.*

## Reception Train Trip - Civic Pride!

Our Reception classes both took part in our Owlcotes Element 'Civic Pride' this week as they travelled by train to Leeds City Station. They travelled by train from New Pudsey into Leeds. They loved talking about the things that they saw and heard as we were out and about. For some children it was their first time travelling by train and experiencing the sights, sounds and movements!

Children really enjoyed drawing and writing about their experiences when they returned to school.



## Training Days

Monday 20th and Tuesday 21st  
July

## Upcoming Events

Volunteer Day  
Friday 20th March

Parents Evenings  
24th and 25th March

Friends of Primrose Hill Easter  
Egg Hunt and Raffle  
Friday 27th March

Please use the office email address  
for all emails to school.

## Holi Colour Run - Community Event

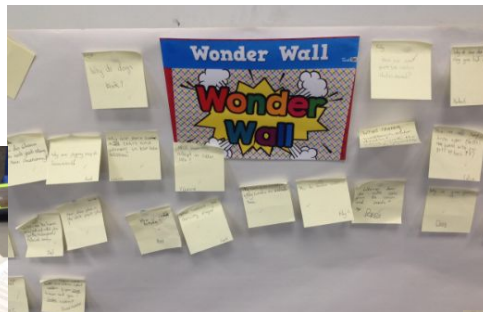
It was wonderful to see so many families joining us for the Holi colour run last Friday. Our wet weather plan worked brilliantly (!) and we are so pleased so many families joined in. Thank you to you all and our staff for making this a great community event.



## British Science Week

Children across school have been focussing on science this week to recognise British Science Week. Their 'curiosity' has led to some excellent questions and 'wonders' on our class 'Wonder Walls'. We have also welcomed visitors from Birmingham and Leeds universities who worked with our Year 5 and 6 children - inspiring the next generation of scientists.

Year 6 took part in sessions about materials and how their structure depends on what they are used for. Children worked with staff from the universities to investigate chocolate bars and how much force was required to break them. Children also looked at the structure of a range of interesting materials such as: cuttlefish bones, rocks, fabrics and beetle shells using microscopes. Year 5 took part in an online lesson looking at wind resistance and the effects of gravity. They then put their knowledge to the test to use their milk bottles to send a piece of paper as high as they could. Some of them even reached the ceiling!



## Volunteer Event - Friday 20th March

Following on from the success of our volunteer day on Friday 6th March, we are looking forward to working with more members of our community to develop our grounds. Full guidance will be given. Clearing branches and weeds, moving compost bins, creating dedicated spaces for teaching and learning, making paths through trees and willow weaving are some of the fulfilling tasks we have planned.

Thank you if you have already signed up to join in with some or all of this day. We will meet in the KS1 playground at 8.50am. Please email Mrs Alderson, or phone the school office if you would like to join in with this event. [s.alderson@primrosehill.owlcotesmat.org](mailto:s.alderson@primrosehill.owlcotesmat.org)

Thank you to those parents who attended our Zones of Regulation drop in yesterday. Mrs Dale and Mrs Clarke were pleased to spend time answering questions and having a general discussion about how we can support children to manage their feelings and emotions.

We are looking into holding another parent drop in session in the next term.

For reference please see below the information that was provided to parents.

*Please watch this short presentation made for you by Mrs Clarke and Mrs Dale about the Zones of Regulation. Throughout the spring term, Nursery to Y6 children have engaged in weekly lessons to learn about the four zones of feelings and the tools available to help them cope with everyday life.*

*In this presentation, we introduce the Zones of Regulation, a research-based framework designed to help children understand and manage their emotions and behaviours. Our aim was to create a shared language around feelings at Pudsey Primrose Hill, teaching children that all emotions are valid and how to self-regulate. Throughout the spring term, Nursery to Y6 children have engaged in weekly lessons to learn about the four zones of feelings and the tools available to help them cope with everyday life.*

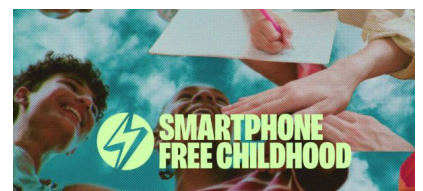
[Zones of Regulation Video](#)

**Primrose Hill are joining the growing movement 'Smartphone Free Childhood.'**

Thank you to everyone who has signed up so far! You can see our school on the leaderboard here: [Leaderboard](#)

If you haven't seen the video from Mrs Clarke and Miss Richardson you can watch it here: [Smartphone free Childhood Video](#)

You can sign up by following this link: <https://www.smartphonefreechildhood.org/sign-the-parent-pact>



## Handwriting at Primrose Hill

Pupils across school are working hard to improve their handwriting. Staff have dedicated additional time to handwriting sessions and we have increased the profile of handwriting across school. Our younger pupils learn correct letter and number formation including lower and upper case letters. They learn about correct size. We teach our older pupils how to join their handwriting. Some pupils will begin to use pen in KS2. Children who have shown good progress with presentation have their work displayed in their classrooms and shared in assemblies.

Writing by hand engages fine motor skills and strengthens memory, helping you retain information more effectively. Research shows that younger children who practise handwriting often learn to read and spell faster, while older children who take handwritten notes tend to understand and recall lessons better than those who type. Typing is an essential modern skill, but handwriting encourages you to slow down, think carefully, and organise your ideas. This reflective process can improve planning, critical thinking, and creativity. Writing by hand also reduces digital distractions, creating a more focused study environment. The most successful children are confident in both their digital and handwriting skills.

Talk On – Developing and Improving our Children’s Vocabulary and Talk. We will share our ‘Talk On’ theme / focus with parents each week so you can be involved in discussions and conversations with your children at home as well as staff in school. The Talk On themes are linked to assemblies held in school that week.

Pudsey Primrose Hill’s [Talk On](#) focus this week is:

**Why is handwriting still important in the digital age?**

Talk to your friends, teachers, school staff and families about this week’s Talk On. **Challenge:** *Once you’ve talked about it, can you write about it?*

## Holiday Care

We are very pleased to open bookings for the Easter Half Term- Tuesday the 7th of April until Friday the 17th of April 2026. Please book as soon as possible. Bookings can be made for full/half days.

The final date for bookings will be **Wednesday the 25th of March at Midday**.

**PLEASE NOTE NO BOOKINGS CAN BE ACCEPTED/AMENDED AFTER THIS DATE AND TIME.**

**For more details or to book a place at the main school holiday care sessions, please contact Miss Whiteley – [extendedservices@primrosehill.owlcotesmat.org](mailto:extendedservices@primrosehill.owlcotesmat.org)**

**For more details or to book a place at the nursery holiday care sessions, please contact: Mrs Alderson - [nurseryinfo@primrosehill.owlcotesmat.org](mailto:nurseryinfo@primrosehill.owlcotesmat.org)**

*Please note that we do not open during the Christmas school holidays, bank holidays or the first training day of the school year.*



**KS1** - Your friend asks you to join a social media app but you are below the legal age to create an account. What should you do?

**LKS2** - You want to download an add-on for your game. It costs £5 and your dad's bank card details are saved on your tablet. What should you do?

**UKS2** - A few people have been saying unkind things about you on an online game chat. What should you do?

**Please use the links for more Online Safety posters and advice.**

<https://parentzone.org.uk>

<https://nationalonlinesafety.com/guides>



This year, to celebrate **Red Nose Day, on 20th March**, children throughout the school are all going to take part in a design your nose competition. The children will be encouraged to get their creative juices flowing through the use of paints, pencils, pens and even glitter. Each class will vote for their favourite design or two and these will be submitted into the Official Red Nose Day competition. Top prizes include Red Nose goodies and Amazon vouchers for the school.

Also, we are asking children to arrive at school wearing a colourful outfit to spread colour and cheer throughout the school. Every donation counts to this valuable charity. Please donate through the below Just Giving link.

[https://www.justgiving.com/fundraising/rnd26-pudsey-primrose-hill-primary-school?utm\\_medium=FR&utm\\_source=CL&utm\\_campaign=020](https://www.justgiving.com/fundraising/rnd26-pudsey-primrose-hill-primary-school?utm_medium=FR&utm_source=CL&utm_campaign=020)

## Class assemblies spring and summer term

We are once again inviting parents into their child's class assembly this year. We want to give parents advance notice of the dates which have been set so far.

Parents are welcome to attend the following class assemblies and will receive an email and google form nearer the time. Pupils will share their learning and showcase their oracy skills. All assemblies will start at 9.00am

**Y2G** Thurs 19th March

**Y4D** Fri 20th March

**Y6C** Fri 27th March

**Y6W** Thurs 2nd April

**Rec DW** Fri 12th June

**Rec KW** Fri 3rd July

## MindMate Support Team - Coffee Afternoons

We are excited to host some workshops for parents with our Mind Mate Support Team. We would like to give advance notice so if you are interested in attending you can add the date to your diary. Please come along to find out how you can support your child and enjoy a tea/coffee. We look forward to seeing you there! Each workshop will be held in the HUB building (Nursery building), start at 2pm and finish at 3pm.

<u>Workshops in the HUB</u>	
Autumn Term 1 (September)	<u>5 Ways to Wellbeing Parent workshop</u>
Autumn Term 2 (October)	<u>Resilience Parent workshop</u>
Spring Term 1 (January)	<u>Anxiety Awareness Parent workshop</u>
Spring Term 2 (March to April)	<u>Self-esteem Parent workshop</u>
Summer Term 1 (May to June)	<u>Understanding and Managing Emotions Parent workshop</u> Wednesday 29 <sup>th</sup> April at 2pm
Summer Term 2 (June to July)	<u>Transitions Parent workshop</u> Thursday 4 <sup>th</sup> June at 2pm

Friends of Pudsey Primrose Hill

# Easter Egg Hunt

Friday 27th March 2026 - 3.30pm

KS1 Playground

Tickets £1.50

Available from

<https://www.pta-events.co.uk/fopph>



**Be in with a chance to win one of our amazing  
Easter pots!**

**Filled with Easter eggs, treats and goodies,  
One pot available to win per year group in addition to some  
fabulous runner up prizes**

**Tickets cost £1 each**

**Tickets are available to buy until Friday 27th March 8pm**

**The winners will be drawn the same evening**

**Grab your  
tickets  
now!**



<https://www.pta-events.co.uk/fopph/index.cfm?event=event&eventId=112718>



# THE DEN

## RELAUNCHED

- TUESDAY 4PM-5.30PM
- SCHOOL YEARS 3-6
- TERM TIME ONLY
- HOT FOOD
- £1 ENTRY
- TUCKSHOP



SWINNOW COMMUNITY CENTRE'S YOUTH CLUB  
OFFERS A COMBINATION OF ACTIVIES TO  
SUPPORT AND ENCOURAGE ALL CHILDREN,  
GIVING THEM THE SPACE TO BE THEMSELVES.

CONTACT: MADDY.SWINNOWCIC@GMAIL.COM



# LEGO & GAMES CLUB

**Free club for KS1 lego lovers to breathe, build and belong with weekly themes and challenges.**

**Thursday 3.30-5pm  
(Term time only)**

**Aimed at KS1 children,  
siblings welcome.**

**Dinner available £1 donation**

**No booking required!**

## DIVING TALENT SEARCH!

Do you have a child who loves gymnastics, trampolining, or mountain biking, or is just a total adrenaline junkie?

Leeds Diving are on the search for children who want to attend their taster session to explore the sport of diving!

**Saturday 18<sup>th</sup> April 2026**

**Slot 1: 9.00-11.30**

**Slot 2: 12.00-14.30**

### REQUIREMENTS

Children aged 6-8 years

Swimming stage 5+, or confidently swim 50m in deep water (all children will be assessed)

Children will need dryland clothes, and swimwear for the pool

### HOW TO BOOK

Please email [phoebe.banks@leeds.gov.uk](mailto:phoebe.banks@leeds.gov.uk) with your child's name, requested time slot, DOB, emergency contact number and any medical details we need to be aware of.



# Swinnow



# Stay + Play

**Join us every Tuesday 9-10.30am (term time only) for a fun and welcoming toddler group!**

**We offer a range of activities including sensory and messy play, singing, stories and crafts to keep the little ones entertained- with snacks provided.**

**Parents have the chance to connect, chat and support each other in a relaxed environment.**



**A £1 donation helps us to keep running- no booking required!**

Swinnow Community Centre Swinnow Ln, Leeds LS13 4RF

Contact information: [Maddy.swinnoweic@gmail.com](mailto:Maddy.swinnoweic@gmail.com)