

# Pudsey Primrose Hill

Wellbeing idea for the week : *If you find yourself rushing - make an effort to slow down.*

## Year 4 Gurdwara visit

Year 4 recently enjoyed a visit to a local Gurdwara, where we learnt about the different traditions of Sikhism linked to our RE curriculum. The children heard poems written by Sikh children and watched a great demonstration on the art of wrapping a traditional head covering. The children then explored the 5 Ks (Panj Kakka)—five items that symbolize the Sikh faith, which we had recently learnt about in class. Children also practiced playing the French harmonium and discovered how it can be used for worship. As part of the visit, the children were offered Langar where we shared a delicious meal of dahl, chapati, and rice, learning firsthand about the Sikh values of equality and hospitality. The children really enjoyed trying different foods, especially the chapatis which were very popular!



## Training Days

Monday 20th and Tuesday 21st  
July

## Upcoming Events

World Book Day  
Thursday 5th March  
Start with a story 8.20am

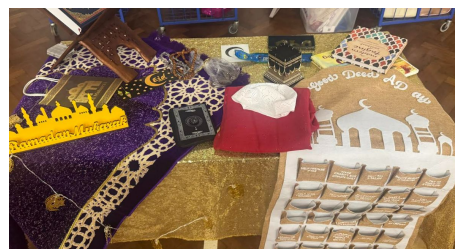
Holi Colour Run Friday 6th  
March 3.30pm - 3.50pm

Parents Evenings  
24th and 25th March

Please use the office email address  
for all emails to school.

## Ramadan assemblies

Mrs Mallal, our Y2 teacher, helped us understand a bit more about Ramadan in our assemblies this week. She explained who fasts, the timings of fastings and why it happens. She talked about Eid and showed us examples of gifts which might be exchanged.



## Reading ambassadors

Our Y6 reading ambassadors are busy preparing assemblies for World Book Day on Thursday. They will be bringing picture books to life for our younger pupils and sharing book recommendations for Y3-Y6.



## The power of sharing a book

Research published demonstrates that children who experience frequent read alouds enter school with stronger vocabulary and narrative comprehension. Data shows less children are being read to than in previous generations. In the early 2000's 60% of children were read to daily by a family member whereas in the mid 2010s that percentage dropped to 50%. Reports show that families continue to be under greater time and economic pressure.

Read alouds do more than support literacy. They strengthen attention, working memory and the care-giver relationship. That sense of safety and connection lowers stress, supports emotional regulation, and increases a child's willingness to engage, persist and learn.

**Join us in sharing a story on Thursday 8.20am in the main hall.**

**Primrose Hill are joining the growing movement 'Smartphone Free Childhood.'**

Thank you to everyone who has signed up so far! You can see our school on the leaderboard here: [Leaderboard](#)

If you haven't seen the video from Mrs Clarke and Miss Richardson you can watch it here: [Smartphone free Childhood Video](#)

You can sign up by following this link: <https://www.smartphonefreechildhood.org/sign-the-parent-pact>



## World Book Day - Thursday 5th March

We are once again recognising World Book Day at Primrose Hill by inviting families into school at **8.20am for a Start with a Story session**. This will take place in the main school hall. Children will then go into their classes from the hall.

This year, we are inviting children and staff to dress as a character from a book. Parents may remember that we did not dress up last year, as we are very mindful of the additional cost this could incur. Please do not buy a costume for this event or feel your child needs a 'costume' for this day - children can dress in clothes which represent a book character that they may already have. World book day was started to celebrate and recognise reading, unfortunately over the years it has been commercialised by companies who make money from families buying costumes. Primrose Hill is a reading school and we want to use this day to celebrate reading and not dressing up. Thank you to those parents who have expressed their agreement of our aim.

## Family and Community Event - Holi Colour Run Friday 6th March 3.25-3.45pm

We are delighted to once again invite our families to the Holi colour run after school on **Friday 6th March**. It was so lovely to see so many families having fun at this event last year and we are hoping to once again host it on the school field. However if the rain continues and the field is too wet we will move it to the playground.

Holi, the festival of colours, is a vibrant Hindu festival. It marks the end of winter and welcomes the spring season, positivity and new beginnings. In the spirit of Holi, on **Friday 6th March at 3.25pm until 3.45pm**, we will be holding a colour run for children and parents/carers. The event will provide a hands-on experience to learn about different cultures and traditions in a fun and engaging way whilst also keeping active. Please collect your child from their gate as normal and wait on the street for the event to begin.

During the colour run, children (and participating adults) will run or walk a short course and natural coloured powder will be thrown at their bodies at various points along the course. The children and adults will have the opportunity to participate in throwing powder symbolising the celebration of happiness. The course will be marshalled by school staff and the paint that will be thrown is non-toxic, natural paint powder and is safe for skin.

We believe that celebrating cultural festivals such as Holi helps promote understanding, empathy and respect for the diversity in our community but also in the wider world. If you have any concerns or questions regarding this, please do not hesitate to contact us

## Outdoor Development Volunteer Days

We are excited to share news of exciting plans for further developing outdoor learning environments for our children.

**Would you be interested in getting involved in supporting the development of our school grounds by taking part in a volunteer day?**

**Friday 6th March and Friday 20th March** are days we are dedicating to working on the development of new learning environments on our school field. Mrs Vickers and Mrs Alderson are inviting adult members of our community to join in with practical tasks. Full guidance will be given.

Clearing branches and weeds, moving compost bins, creating dedicated spaces for teaching and learning, making paths through trees and willow weaving are some of the fulfilling tasks we have planned.

If you are able to come along for a few hours, half a day, or a full day, please get in touch with Mrs Alderson.

**Please email all offers of interest to: [s.alderson@primrosehill.owlcotesmat.org](mailto:s.alderson@primrosehill.owlcotesmat.org)**

**We will meet in the KS1 playground on both days at 8.50am.** Outdoor clothing and footwear will be needed. Please get in touch if you have any questions.

Talk On – Developing and Improving our Children’s Vocabulary and Talk. We will share our ‘Talk On’ theme / focus with parents each week so you can be involved in discussions and conversations with your children at home as well as staff in school. The Talk On themes are linked to assemblies held in school that week.

Pudsey Primrose Hill's [Talk On](#) focus this week is:

**Who celebrates Holi? How is this festival celebrated?**

Talk to your friends, teachers, school staff and families about this week’s Talk On. **Challenge:** *Once you’ve talked about it, can you write about it?*

## Holiday Care

We are very pleased to open bookings for the Easter Half Term- Tuesday the 7th of April until Friday the 17th of April 2026. Please book as soon as possible. Bookings can be made for full/half days. The final date for bookings will be Wednesday the 25th of March at Midday.

**PLEASE NOTE NO BOOKINGS CAN BE ACCEPTED/AMENDED AFTER THIS DATE AND TIME.**

For more details or to book a place at the main school holiday care sessions, please contact Miss Whiteley – [extendedservices@primrosehill.owlcotesmat.org](mailto:extendedservices@primrosehill.owlcotesmat.org)

For more details or to book a place at the nursery holiday care sessions, please contact: Mrs Alderson - [nurseryinfo@primrosehill.owlcotesmat.org](mailto:nurseryinfo@primrosehill.owlcotesmat.org)

*Please note that we do not open during the Christmas school holidays, bank holidays or the first training day of the school year.*



**KS1** - You are watching videos online and see something that makes you feel uncomfortable. What should you do?

**LKS2** - You have made friends with a boy called Ryan online. He asks you to send him a photo of yourself. What should you do?

**UKS2** - You are talking to someone online and they ask you to turn on your webcam. What should you do?

## In this week...

# HISTORY

### 27 February 1693



On this day The Ladies' Mercury was published in London by the Athenian Society notable for being the first print in English published and specifically designed for women readers.

Discussion: Why do you think this would have been important at the time?  
What do you think it was like for women when they heard this was published?

What happened then matters now

## Class assemblies spring term

We are once again inviting parents into their child's class assembly this year. We want to give parents advance notice of the dates which have been set so far.

Parents are welcome to attend the following class assemblies and will receive an email and google form nearer the time. Pupils will share their learning and showcase their oracy skills. All assemblies will start at 9.00am

**Y1F** Thurs 12th March

**Y5J** Fri 13th March

**Y2G** Thurs 19th March

**Y4D** Fri 20th March

**Y6C** Fri 27th March

**Y6W** Thurs 2nd April

**Rec DW** Fri 12th June

**Rec KW** Fri 3rd July

## MindMate Support Team - Coffee Afternoons

We are excited to host some workshops for parents with our Mind Mate Support Team. We would like to give advance notice so if you are interested in attending you can add the date to your diary. Please come along to find out how you can support your child and enjoy a tea/coffee. We look forward to seeing you there! Each workshop will be held in the HUB building (Nursery building), start at 2pm and finish at 3pm.

<u>Workshops in the HUB</u>	
Autumn Term 1 (September to October)	<b>Self-esteem Parent workshop</b> Wednesday 1 <sup>st</sup> October at 2pm
Autumn Term 2 (October to December)	<b>Resilience Parent workshop</b> Thursday 8 <sup>th</sup> November at 2pm
Spring Term 1 (January to February)	<b>Anxiety Awareness Parent workshop</b> Wednesday 14 <sup>th</sup> January at 2pm
Spring Term 2 (March to April)	<b>Self-esteem Parent workshop</b> Thursday 5 <sup>th</sup> March at 2pm
Summer Term 1 (May to June)	<b>Understanding and Managing Emotions Parent workshop</b> Wednesday 29 <sup>th</sup> April at 2pm
Summer Term 2 (June to July)	<b>Transitions Parent workshop</b> Thursday 4 <sup>th</sup> June at 2pm



# THE DEN

## RELAUNCHED

- TUESDAY 4PM-5.30PM
- SCHOOL YEARS 3-6
- TERM TIME ONLY
- HOT FOOD
- £1 ENTRY
- TUCKSHOP



SWINNOW COMMUNITY CENTRE'S YOUTH CLUB  
OFFERS A COMBINATION OF ACTIVIES TO  
SUPPORT AND ENCOURAGE ALL CHILDREN,  
GIVING THEM THE SPACE TO BE THEMSELVES.

CONTACT: MADDY.SWINNOWCIC@GMAIL.COM



# LEGO & GAMES CLUB

**Free club for KS1 lego lovers to breathe, build and belong with weekly themes and challenges.**

**Thursday 3.30-5pm  
(Term time only)**

**Aimed at KS1 children,  
siblings welcome.**

**Dinner available £1 donation**

**No booking required!**

## DIVING TALENT SEARCH!

Do you have a child who loves gymnastics, trampolining, or mountain biking, or is just a total adrenaline junkie?

Leeds Diving are on the search for children who want to attend their taster session to explore the sport of diving!

**Saturday 18<sup>th</sup> April 2026**

**Slot 1: 9.00-11.30**

**Slot 2: 12.00-14.30**

### REQUIREMENTS

Children aged 6-8 years

Swimming stage 5+, or confidently swim 50m in deep water (all children will be assessed)

Children will need dryland clothes, and swimwear for the pool

### HOW TO BOOK

Please email [phoebe.banks@leeds.gov.uk](mailto:phoebe.banks@leeds.gov.uk) with your child's name, requested time slot, DOB, emergency contact number and any medical details we need to be aware of.



# Swinnow



# Stay + Play

**Join us every Tuesday 9-10.30am (term time only) for a fun and welcoming toddler group!**

**We offer a range of activities including sensory and messy play, singing, stories and crafts to keep the little ones entertained- with snacks provided.**

**Parents have the chance to connect, chat and support each other in a relaxed environment.**



**A £1 donation helps us to keep running- no booking required!**

Swinnow Community Centre Swinnow Ln, Leeds LS13 4RF

Contact information: [Maddy.swinnoweic@gmail.com](mailto:Maddy.swinnoweic@gmail.com)