

MIGHTY MEALS MENU 25/26

Great school lunches designed to help young people grow and thrive in everything they do!
Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.

School: Primrose Hill Primary

5 CHOICE STANDARD Week ONE

W/C 03/11/25, 24/11/25, 15/12/25, 05/01/26, 26/01/26



Look out for why our MIGHTY MENUS are the best choice at lunchtime!



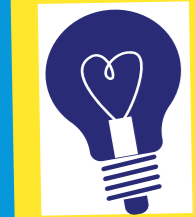
Cook's special

Our cooks have chosen meals they know children will eat and enjoy.



World wise

Dishes from around the world to develop children's tastes.



Brain boosting

Protein packed dishes to support learning.



High 5

Fresh fruit and veg to help your child reach the magic 5 portions a day.



Planet power

Vegetarian and vegan meals that are good for children and the planet.



Eat a rainbow

Desserts that contain a variety of fresh fruits.

TASTY!

Mains

Only the best EVERY day!

Meat Free

Deli

Filled Soft Bap or Tortilla-Wrap with Pick Your Own Salad Bar.

Spud Station

Oven Baked Jacket Potatoes with Pick Your Own Salad Bar.

Desserts

Fresh Fruit & Yoghurt available daily.

WOW!

MONDAY



Margherita Pizza (V)(H)
Baby Baked Potatoes
Fresh Salad



Homemade Vegetarian Curry (VE)(H)
Steamed Rice
Cauliflower & Peas



Cheddar Cheese (V)(H)
Baby Baked Potatoes
PYO Salad Bar



Tuna Mayonnaise (H)



Jam & Coconut Sponge with Creamy Custard

TUESDAY



Chicken Pie with Puff Pastry Crust, Mashed Potato, Broccoli, Carrots & Gravy



Creamy Cajun Pasta Bake (V)(H)
Fresh Salad



Tuna Mayonnaise (H)
Homemade Jacket Wedges
PYO Salad Bar



Cheddar Cheese (V)(H)



Melon Slices & Home Baked Shortbread

WEDNESDAY



Beef Chilli Con Carne with Baked Nachos and Rice, Peas & Carrots



Vegetarian Sausage (VE)(H)
Mashed Potato, Peas, Carrots & Gravy



Cheddar Cheese and Coleslaw (V)(H)
Baby Baked Potatoes
PYO Salad Bar



Tuna Mayonnaise (H)



Flaky Apple & Cinnamon Swirls

THURSDAY



Roast Gammon Ham, Yorkshire Pudding, Mashed or Roast Potatoes, Roasted Winter Vegetables, & Gravy



Vegetarian Savoury Grill, (VE)(H)
Yorkshire Pudding, Mashed or Roast Potatoes, Roasted Winter Vegetables, & Gravy



Hot Roast Gammon Ham or Vegetarian Sausage Bap (VE)(H)
PYO Salad Bar



YUM!
Roast Dinner today!



Jelly & Ice Cream

FRIDAY



All Day Breakfast
Hash Brown & Baked Beans



Vegetarian All Day Breakfast (V)(H)
Hash Brown & Baked Beans



Tuna Mayonnaise (H)
Hash Brown
PYO Salad Bar



Baked Beans (V)(H)



Freshly Baked Chocolate Sprinkle Cookies
Fresh Fruit Wedges

FIVE BIG CHOICES EVERY DAY!



(V) VEGETARIAN (VE) VEGAN (H) HALAL

Allergen information is available on request. Special diets catered for.

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5 CHOICE STANDARD Week TWO

W/C 10/11/25, 01/12/25, 12/01/26, 02/02/26



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Cook's special

Our cooks have chosen meals they know children will eat and enjoy.



World wise

Dishes from around the world to develop children's tastes.



Brain boosting

Protein packed dishes to support learning.



High 5

Fresh fruit and veg to help your child reach the magic 5 portions a day.



Planet power

Vegetarian and vegan meals that are good for children and the planet.



Eat a rainbow

Desserts that contain a variety of fresh fruits.

TASTY!

Mains

Only the best EVERY day!

Meat Free

Deli

Filled Soft Bap or Tortilla Wrap with Pick Your Own Salad Bar

Spud Station

Oven Baked Jacket Potatoes with Pick Your Own Salad Bar

Desserts

Fresh Fruit & Yoghurt available daily

WOW!

MONDAY



Margherita Flatbread Pizza (V)(H)
Homemade Jacket Wedges, Peas & Sweetcorn



Vegetarian Chilli with Baked Nachos and Rice (VE)(H)
Peas & Sweetcorn



Egg Mayonnaise (V)(H)
Homemade Jacket Wedges
PYO Salad Bar



Tuna Mayonnaise (H)



Freshly Baked Ginger Cookies & Fresh Fruit Wedges

TUESDAY



Homemade Chicken Curry with Rice, Cauliflower & Broccoli



Cheddar Cheese Omelette (V)(H)
Herby Diced Potatoes
Fresh Salad



Roast Ham
Herby Diced Potatoes,
PYO Salad Bar



Cheddar Cheese (V)(H)



Fruity Drizzle Cake with Creamy Custard

WEDNESDAY



Cheeseburger
Homemade Jacket Wedges & Fresh Salad



Vegetarian Cheeseburger (V)(H)
Homemade Jacket Wedges & Fresh Salad



Egg Mayonnaise (V)(H)
Homemade Jacket Wedges, Carrot & Cucumber Sticks & Mayo Dip



Tuna Mayonnaise (H)



Seasonal Plum Flapjack

THURSDAY



Roast Chicken, Yorkshire Pudding, Mashed or Roast Potatoes, Cabbage & Mashed Swede/Carrot and Gravy



Vegetarian Sausage (VE)(H)
Yorkshire Pudding
Mashed or Roast Potatoes, Cabbage & Mashed Swede/Carrot and Gravy



Hot Roast Chicken or Vegetarian Sausage Bap (VE)(H)
Roast Potatoes
PYO Salad Bar



YUM!
Roast Dinner today!



Strawberry Ice Cream Topped with Sprinkles

FRIDAY



Crunchy Salmon Bites or Fish Fingers (H)
Chips and Tomato Ketchup, Sweetcorn & Green Beans



Macaroni Cheese (V)(H)
with Garlic Bread, Green Beans & Sweetcorn



Tuna Mayonnaise Salad (H)
Chips
PYO Salad Bar



Baked Beans (V)(H)



Chocolate Brownie & Fresh Fruit Wedges

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5 CHOICE STANDARD Week THREE

W/C 17/11/25, 08/12/25, 19/01/26, 09/02/26



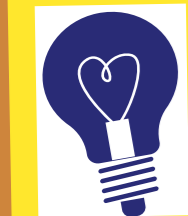
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Brain boosting
Protein packed dishes to support learning.



High 5
Fresh fruit and veg to help your child reach the magic 5 portions a day.



Planet power
Vegetarian and vegan meals that are good for children and the planet.



Eat a rainbow
Desserts that contain a variety of fresh fruits.

TASTY!

Mains

Only the best EVERY day.

Meat Free

Deli

Filled Soft Bap or Tortilla Wrap with Pick Your Own Salad Bar.

Spud Station

Oven Baked Jacket Potatoes with Pick Your Own Salad Bar.

Desserts

Fresh Fruit & Yoghurt available daily.

WOW!

MONDAY



Cheesy Bean Filled Tortilla Wrap (V)(H)
Homemade Jacket Wedges, Carrots & Peas



Spaghetti Topped with a Vegetarian Bolognese Sauce (VE)(H)
Carrots & Peas



Cheddar Cheese (V)(H)
Homemade Jacket Wedges
PYO Salad Bar



Baked Beans (V)(H)



Chocolate & Orange Cake

TUESDAY



Homemade Classic Lasagne with Crusty Bread, Broccoli & Sweetcorn



Margherita Pizza (V)(H)
Baby Baked Potatoes, Broccoli & Sweetcorn



Egg Mayonnaise (V)(H)
Baby Baked Potatoes, Carrot & Cucumber Sticks & Mayo Dip



Tuna Mayonnaise (H)



Golden Syrup Sponge with Creamy Custard

WEDNESDAY



Chicken Power up Pasta Bowl in a Tomato Sauce with Cauliflower & Green Beans



Flaky Baked Vegan Sausage Roll (VE)(H)
Herby Diced Potatoes, Cauliflower & Green Beans



Tuna Mayonnaise (H)
Herby Diced Potatoes
PYO Salad Bar



Cheddar Cheese (V)(H)



Pineapple & Orange Jelly with Fresh Fruit Salad

THURSDAY



Classic Toad In The Hole, Mashed or Roast Potatoes, Carrots, Sweetcorn and Gravy



Vegetarian Toad In The Hole (V)(H)
Mashed or Roast Potatoes, Carrots, Sweetcorn and Gravy



Hot Pork Sausage or Vegetarian Sausage Bap (VE)(H)
Roast Potatoes
PYO Salad Bar

YUM!
Roast Dinner today!



Vanilla Ice Cream topped with Homemade Lemon Sauce

FRIDAY



Fish Fingers (H)
Chips, Peas & Tomato Ketchup



Crispy Vegetable Nuggets (VE)(H)
Chips, Peas & Tomato Ketchup



Tuna Mayonnaise Salad (H)
Chips
PYO Salad Bar



Tuna Mayonnaise (H)



Freshly Baked Apple Pie Cookies with Fresh Fruit Wedges

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